



# JUNE 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 BF Support Group Allegany County Health Department- 1:00-2:30PM Call (301)759-5022 to register. Free weight check for baby, information; meet other mothers and babies	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge)	25	26	27	28
29	30	For breastfeeding information and assistance, call (301) 759-5020 and ask for Breastfeeding Specialist. (Allegany)		Breastfeeding Services: Prenatal Breastfeeding classes Breastfeeding Support group Call the WIC Office at 301-759-5020		



# JULY 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For breastfeeding information and assistance, call (301) 759-5020 and ask for Breastfeeding Specialist. (Allegany)		1	2	3	4 Holiday	5
6	7	8	9	10	11	12
13	14 BF Support Group Allegany County Health Department- 1:00-2:30PM Call (301)759-5022 to register. Free weight check for baby, information; meet other mothers and babies	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge)	30	31	<b>Breastfeeding Services:</b> <b>Prenatal Breastfeeding classes</b> <b>Breastfeeding Support group</b> <b>Call the WIC Office at 301-759-5020</b>	



# AUGUST 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For breastfeeding information and assistance, call (301) 759-5020 and ask for Breastfeeding Specialist. (Allegany)		Breastfeeding Services: Prenatal Breastfeeding classes Breastfeeding Support group Call the WIC Office at 301-759-5020			1	2
3	4	5	6	7	8	9
10	11 BF Support Group Allegany County Health Department- 1:00-2:30PM Call (301)759-5022 to register. Free weight check for baby, information; meet other mothers and babies	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge)	27	28	29	30